

# Sugar Land Ice & Sports Center

## Freestyle and Training Session Rules

SUMMER 2014

### ALL SKATERS & COACHES ARE RESPONSIBLE FOR AND OBLIGATED TO ENFORCE THE FOLLOWING:

1. All skaters must personally check-in with the ice monitor before each scheduled session to have their freestyle, off-ice, and on-ice training cards punched.
2. Skaters and coaches are responsible for making sure they are skating on the appropriate session for their level of skill.
3. All skaters will be allowed on at the time the session starts, not 1 minute earlier, by the rink clock time.
4. As a training center, we must maintain a working atmosphere that is free of distractions. Parents and spectators are to remain in the stands while a session is in progress. Persons who stand at the glass, in the team benches, or interrupt a skater's training will be asked to leave the arena.
5. All skaters are obligated to move from the path of the skater with the "right of way." **FIRST "RIGHT OF WAY" BELONGS TO THE SKATER HAVING THEIR MUSIC PLAYED.** *This skater will be identified by a orange sash. All skaters in program will be required to wear the sash.* **SECOND "RIGHT OF WAY" BELONGS TO SKATERS IN LESSON.**
6. When requesting your music, please request using the right sign language and let monitor know if you are in a lesson when requesting music. Those in a lesson will bump those who are not.
7. Listen for the monitor to announce whose music is being played and who is the next in line. Make sure you pay attention to the skater ahead of you and be in your starting position when the other skaters' music has ended.
8. Respect for coaches and other skaters on the ice and good sportsmanship are demanded! All skaters are expected to be aware and courteous on the ice, looking out for other skaters and moving when necessary. Skaters exhibiting poor sportsmanship (i.e. foul language, kicking the ice, etc.) will be asked to leave the arena for the day.
9. All skaters are expected to practice for the entire session. Talking, playing and/or not utilizing the session for its intended purpose is reason to be expelled from the ice for the day without a refund.
10. Skaters are expected to dress neatly in skating attire (no street clothes) for freestyle sessions. Girls are expected to secure their hair neatly while on the ice. Skating attire includes dance wear and athletic wear, but does not include bare legs, shorts, or jeans.
11. Food will not be permitted on the ice. Please help keep the arena clean by picking up all tissues, cups, etc. at the end of each session.

*These rules are in place to maximize the safety, enjoyment and productivity of all skaters.*

\* **LOW-Freeskate 1-Prelim. FS** \***HIGH-Passed Pre-Juv. FS** \***OPEN-Passed Pre-Prelim Field Moves**

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Skater Signature

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Parent Signature