



T3 Goaltending Development Program

T3 Goaltending is a first of its kind Russian-American goaltending development program based on the systems originally created by Anatoliy Tarasov and Nikolai Puchkov. T3's main focus is on establishing a proper foundation for long-term development.

Russian and Finnish hockey goaltender training is different from the North American methods. It is very methodical and set up to translate athletic talent into a fundamentally sound, multidimensional approach to the game. Another primary focus is to develop the goaltenders mentally to help each goaltender face all of the challenges the position presents. With its very visual multi-station approach, T3 leverages statistical monitoring and analysis of every goaltender's performance. Original formulas of old have been simplified and converted to the modern day electronic formats (Apple, Android, etc.).

T3 goalies currently play all levels of hockey from squirts to pros in Michigan, New York, Florida, Georgia, Minnesota, Massachusetts, North Dakota, Texas, Tennessee, North Carolina, and Virginia. T3 clinics include ice time with average of 6 or more stations, dry land stretching and exercises before and after ice, as well as individual evaluations with goalies and parents.

During T3 clinics, T3 goalies and parents are encouraged to get properly fitted and try the new gear from our sponsors, Vaughn Goaltending and Wall Masks.

Lead T3 Instructor - Houston

Vadim Saratovsev - Coach 'V'

- Goaltender - CSKA Olympic Reserve Hockey School
- Goaltending Student Coach - CSKA Olympic Reserve School
- Assistant Goaltending Coach, MS, Air Force Academy of the Soviet Union
- Goaltending Instructor, Lokomotiv Leningrad, USSR
- Master of Sports of the Soviet Union
- Strength and conditioning coach - Vladislav Tretiak's development camp for Ed Belfour/Chicago Blackhawks, summer of 1990
- Goaltending Advisor, Belle Tire Hockey Club, Detroit, MI
- Goaltending Coach, Pensacola Jr. Ice Flyers
- Goaltending Coach, Birmingham Bulls
- Founding member, Target Training Technologies – T3 Goaltending
- Goaltending Analytics Advisor – USA Hockey